Head lice – Let’s fight them together

A case of head lice has been detected in your child’s class. Please check their hair and treat if required.

A few pointers:

• Head lice range in size from a full stop to a sesame seed
• It is best to use a head lice comb that’s white so the lice can be easily seen
• Live lice remain close to the scalp
• Good lighting is important and so is comfort
• Combing through the hair when wet may make the process more comfortable
• If you find live lice, consult your local pharmacy team and only treat if you find a live, moving louse

For more advice on dealing with head lice, visit www.onceaweektakeapeek.com